

WHAT IS CLAIMED IS:

1. A golf glove, comprising:

a glove portion including finger and thumb portions and dorsal and palm portions, said dorsal and palm portions meeting along at least one conjoining lateral edge to define a pocket for receiving the eminence of a golfer's hand; and

a pad comprising an elastomeric, non-flowing gel, said pad being selectively positioned and dimensioned adjacent the palm portion of the glove according to at least one of the golfer's hand dimensions and the golfer's hand position relative to a golf club grip which is held by the golfer during play.

2. The golf glove according to claim 1 wherein said pad is positioned and dimensioned in a manner to closely abut the golf club grip during substantially an entire swing movement.

3. The golf glove according to claim 1 wherein said pad is positioned and dimensioned to substantially cover the palmar portion adjacent the hypothenar eminence of the golfer's hand.

4. The golf glove according to claim 1 wherein said pad is positioned and dimensioned to substantially cover the palmar portion adjacent the third, fourth and fifth metacarpal bones of the golfer's hand.
5. The golf glove according to claim 1 wherein a distal end of said pad is positioned and dimensioned to abut the palmar portion adjacent the metacarpophalangeal joints of at least one of the third, fourth and fifth metacarpal bones of the golfer's hand.
6. The golf glove according to claim 5 wherein a proximal end of said pad is positioned and dimensioned to abut the hamulus of the hamate bone of the golfer's hand.
7. The golf glove according to claim 1 wherein said pad is positioned and dimensioned to cover to abut the hamulus of the hamate bone of the golfer's hand.
8. A golf glove system, comprising:
 - a first glove;
 - a second glove;
 - each of said gloves including:

a glove portion having finger and thumb portions and dorsal and palm portions, said dorsal and palm portions meeting along at least one conjoining lateral edge to define a pocket for receiving the eminence of a golfer's hand; and

at least one pad comprising an elastomeric, non-flowing gel, said pad being selectively positioned and dimensioned adjacent the palm portion of the glove.

9. The golf glove system according to claim 8 wherein at least one of said pads from one of said first and second gloves is configured according to at least one of the golfer's hand dimensions and the golfer's hand position relative to a golf club grip which is held by the golfer during play.

10. A golf glove, comprising:

a glove portion including finger and thumb portions and dorsal and palm portions, said dorsal and palm portions meeting along at least one conjoining lateral edge to define a pocket for receiving the eminence of a golfer's hand; and

a pad comprising an elastomeric, non-flowing gel, said pad being disposed adjacent the palm portion of the glove.